

## Objectives of the Practice:

- Engaging students with community needs to build awareness of socio-economic issues.
- Providing opportunities for students to develop teamwork and leadership through social initiatives.
- Involving students in conservation efforts and encouraging eco-friendly practices

## The Context:

Shetty Institute of Technology is dedicated to cultivating a spirit of community service and social responsibility among its students through a wide array of NSS (National Service Scheme) activities. These initiatives not only enhance the educational journey of our students but also make meaningful contributions to societal well-being.

## The Practice

- **Annual Calendar:** At the beginning of each academic year, we develop an annual calendar of NSS activities, which includes all major events, campaigns, and projects planned for the year. This ensures efficient scheduling and resource allocation.
- **Committee Formation:** An NSS committee is formed comprising faculty advisors, student coordinators, and volunteers. This committee is responsible for the planning, execution, and monitoring of all NSS activities.
- **Needs Assessment:** Regular surveys and community interactions are conducted to assess the needs and challenges of the community. This helps in planning relevant and impactful activities.

## Evidence of Success

Over the years, there has been a significant increase in the number of students volunteering for NSS activities. Participation rates have risen from 30% to 70% of the student body, indicating growing interest and commitment to community service. The free health and wellness camps have benefited over 5,000 community members, providing essential medical services and health education. These camps have received positive feedback from beneficiaries and local authorities

Shetty Institute of Technology is dedicated to cultivating a spirit of community service and social responsibility among its students through a wide array of NSS (National Service Scheme) activities. These initiatives not only enhance the educational journey of our students but also make meaningful contributions to societal well-being. Here are some of our best practices in this domain:

## 1. Environment Day

**Overview:** Environment Day at Shetty Institute of Technology is a dedicated effort to promote environmental consciousness and action among students, faculty, and the surrounding community. Celebrated annually, this day includes a series of activities aimed at raising awareness about environmental issues and encouraging sustainable practices.

### Activities:

- **Clean-Up Drives:** Organized within the campus and in nearby public areas, these drives involve students, faculty, and local residents. Participants gather to pick up litter, separate recyclables, and properly dispose of waste. This activity not only cleans the environment but also educates participants about the importance of waste management and the impact of pollution.
- **Tree Planting:** One of the highlights of Environment Day is the tree plantation drive. Students, staff, and volunteers plant saplings in designated areas, including the campus, local parks, and community spaces. Each participant is encouraged to adopt and care for a tree, ensuring its growth and sustainability.



### **Impact:**

The Environment Day activities at Shetty Institute of Technology have a lasting impact on both the participants and the community. They help in creating a greener, cleaner campus and surrounding areas. More importantly, these activities instill a sense of environmental stewardship among students, encouraging them to adopt sustainable practices and become advocates for the environment in their personal and professional lives.

## **2. Blood Donation Camps**

**Overview:** Shetty Institute of Technology regularly organizes blood donation camps to support local blood banks and hospitals. These camps encourage students and staff to donate blood, saving lives and raising awareness about the importance of blood donation.

### **Activities:**

- **Blood Donation Drives:** Held in collaboration with local hospitals and blood banks, these drives ensure a steady supply of blood for patients in need. Participants undergo health screenings before donating to ensure their eligibility.
- **Awareness Campaigns:** Educational sessions and campaigns are conducted to inform students and the community about the importance of blood donation, the donation process, and the impact of their contribution on saving lives.





**Impact:** The blood donation camps have a significant impact on the community, providing a critical supply of blood to save lives. These activities foster a culture of altruism and community service among students, encouraging them to become regular donors.

### 3. International Yoga Day

**Overview:** Shetty Institute of Technology celebrates International Yoga Day with enthusiasm, promoting physical and mental well-being through yoga sessions led by experienced instructors. These sessions are open to students, faculty, and the community, highlighting the benefits of incorporating yoga into daily life.

#### Activities:

- **Yoga Sessions:** Conducted by certified instructors, these sessions teach various yoga postures, breathing techniques, and meditation practices. Participants learn how to integrate yoga into their daily routines to improve overall health.





**Impact:** International Yoga Day activities enhance the physical and mental well-being of participants, promoting a holistic approach to health. These activities encourage the adoption of a healthy lifestyle and stress management techniques.

## 4. Sports Events

**Overview:** Sports events at Shetty Institute of Technology promote physical fitness, teamwork, and a healthy lifestyle. These events provide students with an opportunity to showcase their athletic talents, engage in friendly competition, and build a sense of camaraderie.

### Activities:

- **Inter-College Tournaments:** Various sports such as cricket, football, basketball, and volleyball are organized, inviting participation from multiple colleges. These tournaments foster healthy competition and sportsmanship.
- **Intramural Sports:** Regular intramural sports events encourage participation from all students, regardless of skill level. Activities include athletics, badminton, table tennis, and other indoor and outdoor games.





**Impact:** Sports events promote physical fitness and a sense of community among students. They also teach valuable life skills such as teamwork, discipline, and perseverance.

## 5. Swachh Bharat Abhiyan

**Overview:** Aligned with the national campaign, Shetty Institute of Technology's Swachh Bharat Abhiyan activities include cleanliness drives, waste management workshops, and awareness campaigns about hygiene and sanitation. These efforts aim to create a cleaner, healthier environment in and around our campus.

### Activities:

- **Cleanliness Drives:** Regular drives are organized to clean public spaces, including streets, parks, and community areas. Participants collect and properly dispose of waste, promoting cleanliness and hygiene.





**Impact:** The Swachh Bharat Abhiyan activities contribute to a cleaner and healthier community, reducing pollution and promoting sustainable practices. These initiatives instill a sense of responsibility and pride in maintaining a clean environment.

## 6.Free Health and Women Wellness Camps

**Overview:** These camps at Shetty Institute of Technology provide essential health services and education, focusing on women's health and well-being. The aim is to empower women with knowledge and access to healthcare.

### Activities:

- **Medical Check-Ups:** Comprehensive health check-ups are provided, including screenings for common ailments, blood pressure, diabetes, and reproductive health issues.
- **Consultations:** Free consultations with doctors, gynecologists, and nutritionists are offered to address specific health concerns and provide personalized advice.

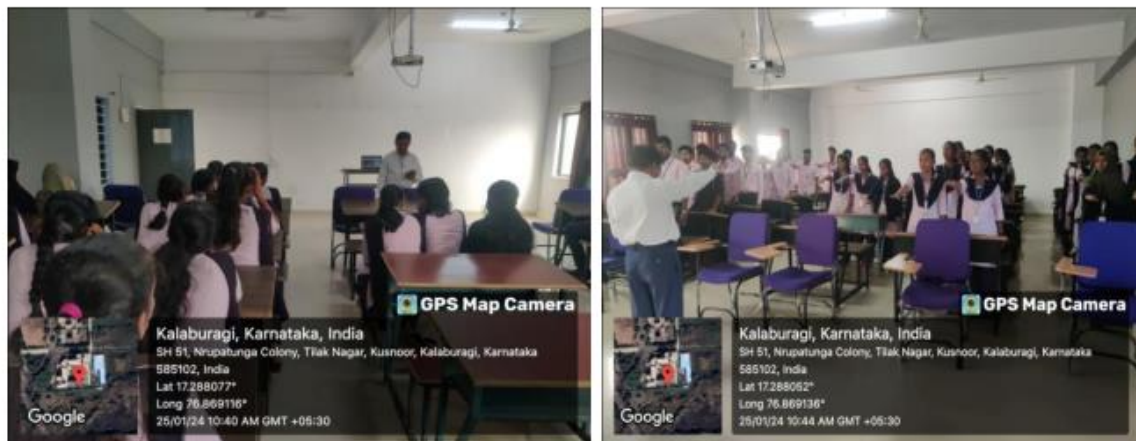


## 7. Voting Awareness Campaigns

**Overview:** Voting awareness campaigns at Shetty Institute of Technology aim to educate and motivate the community to participate actively in the democratic process. These campaigns emphasize the importance of informed voting and civic responsibility.

### Activities:

**Voter Registration Drives:** We organize drives to facilitate voter registration, especially targeting first-time voters and marginalized groups. These drives help increase voter turnout and ensure everyone has a voice in the electoral process.



**Impact:** These campaigns increase voter participation and promote a more informed and engaged electorate. They reinforce the importance of democratic participation and civic duty among students and the community.

## 8. Viksit Bharat (Developed India) Initiatives

**Overview:** The Viksit Bharat initiatives at Shetty Institute of Technology are aimed at contributing to the vision of a developed India. These initiatives focus on rural development, infrastructure improvement, and economic empowerment, fostering self-reliance and growth in local communities. We in college made students to attain the live session of the Prime Minister.



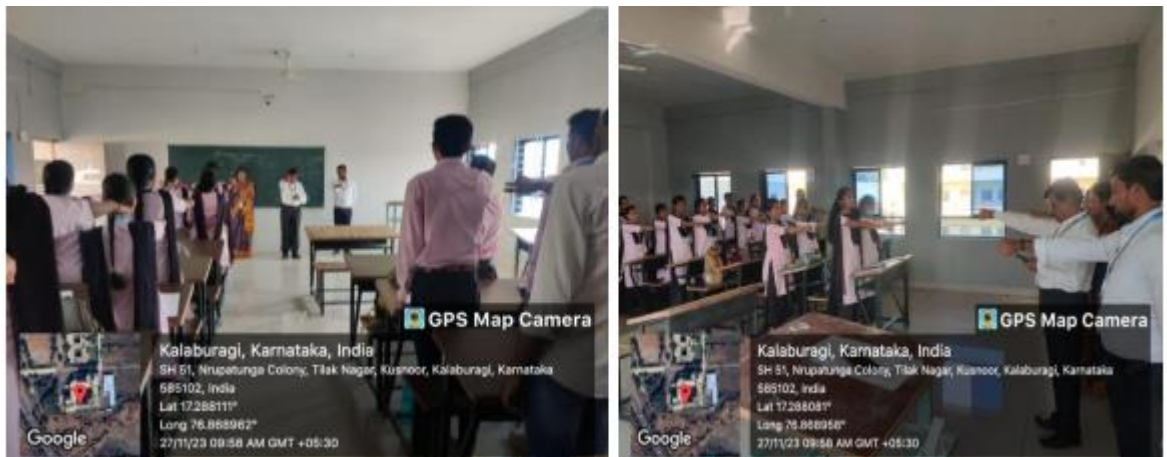


## 9. Nidhi Apke Nikat 2.0

**Overview:** Nidhi Apke Nikat 2.0 at Shetty Institute of Technology brings government services closer to the people, facilitating access to various administrative processes and addressing public grievances. This initiative aims to bridge the gap between the community and government authorities.

### Activities:

- Government Service Camps:** Regular camps are set up where people can access services such as Aadhar registration, voter ID updates, and other essential government documentation. These camps are organized in collaboration with local government offices.



## 10. Free Dental Camps

**Overview:** Free dental camps at Shetty Institute of Technology provide essential dental care and hygiene education to underserved communities. These camps address the critical need for dental services and promote oral health.

**Activities:**

- **Dental Check-Ups:** Comprehensive dental check-ups are provided by volunteer dentists and dental students. These check-ups include examinations, cleanings, and basic treatments.
- **Oral Hygiene Education:** Educational sessions on proper oral hygiene practices, diet, and preventive care are conducted. Participants receive guidance on how to maintain healthy teeth and gums.



**Impact:** The dental camps improve oral health in the community, preventing dental issues and promoting overall well-being. They provide access to necessary dental care for individuals who may not otherwise afford it.

## 11. Tobacco Awareness Camps

**Overview:** Tobacco awareness camps at Shetty Institute of Technology aim to educate the community about the dangers of tobacco use and promote cessation programs. These camps are part of our commitment to improving public health and reducing tobacco-related diseases.

### Activities:

**Awareness Campaigns:** Campaigns using posters, social media, and community outreach are launched to spread the message about the harmful effects of tobacco and the benefits of quitting



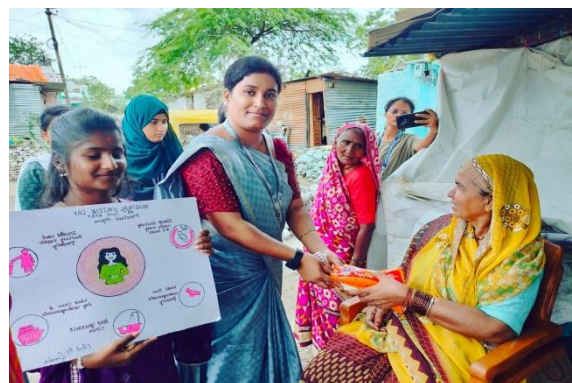
**Impact:** Tobacco awareness camps help reduce tobacco consumption in the community, leading to better health outcomes and reduced incidence of tobacco-related diseases. They also create a supportive environment for individuals attempting to quit.

## 12.Sanitary Pad Distribution

**Overview:** Sanitary pad distribution at Shetty Institute of Technology addresses the critical need for menstrual hygiene products in underserved areas. This initiative aims to promote menstrual health and reduce the stigma associated with menstruation.

### Activities:

- **Distribution Drives:** Free sanitary pads are distributed to women and girls in rural and underserved communities. These drives ensure that menstrual hygiene products are accessible to those who need them.
- **Awareness Sessions:** Educational sessions on menstrual health, hygiene practices, and breaking taboos around menstruation are conducted. These sessions empower women and girls with knowledge and confidence to manage their menstrual health.



**Impact:** Sanitary pad distribution improves menstrual hygiene, reduces health risks, and promotes school attendance and productivity among women and girls. It also helps in breaking the stigma and promoting open discussions about menstruation

### 13.Free Books and Bag Donation

**Overview:** Free books and bag donation at Shetty Institute of Technology support the education of children from economically disadvantaged backgrounds. This initiative ensures that children have the necessary supplies to pursue their studies without financial burden.

#### Activities:

- **Collection Drives:** Books and school bags are collected through donations from students, faculty, and the community. These items are then sorted and prepared for distribution.
- **Distribution Events:** Organized distribution events provide books and bags to children in need. These events often include additional activities such as storytelling sessions and motivational talks to inspire a love for learning.



**Impact :**

Providing bags and books creates a conducive learning environment for students, promoting better academic outcomes. It ensures that students, especially those from underprivileged backgrounds, have access to essential educational resources.