



SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Criterion 5:- Student Support and Progression

Key Indicators (KIs) 5.1:- Student Support

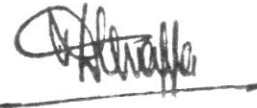
5.1.2:- Capacity building and skills enhancement initiatives taken by the institution for last Five Years.

INDEX LIFE SKILLS

| SL.NO | Name of the capacity development and skills enhancement program | Date of implementation (DD-MM-YYYY) | Number of students enrolled | Name of the agencies consultants involved with contact details (if any) |
|-------|---|-------------------------------------|-----------------------------|---|
| 1. | Life Skills | 17/12/2022 to 17/12/2022 | 46 | Dr. Ambika |
| 2. | Life Skills | 15/07/2022 to 15/07/2022 | 45 | Dr. Shailashree |
| 3. | Life Skills | 07/07/2022 to 07/07/2022 | 45 | Dr. Kirankumar |
| 4. | Life Skills | 28/05/2022 to 28/05/2022 | 45 | Dr. Jayalaxmi |
| 5. | Life Skills | 22/04/2022 to 22/04/2022 | 45 | Dr. Sheetal |
| 6. | Life Skills | 12/02/2022 to 12/02/2022 | 45 | Dr. Sundhera |
| 7. | Life Skills | 05/08/2021 to 05/08/2021 | 20 | Dr. Deepak |
| 8. | Life Skills | 12/06/2021 to 12/06/2021 | 22 | Dr. Basavaraj.Belli |
| 9. | Life Skills | 08/04/2020 to 08/04/2020 | 20 | Dr. Pooja.Jadhav |
| 10. | Life Skills | 22/02/2020 to 22/02/2020 | 35 | Dr. Kanchana |

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| | | | | |
|-----|-------------|--------------------------|----|-----------------------|
| 11. | Life Skills | 09/09/2019 to 09/09/2019 | 34 | Dr. Banale Shakuntala |
| 12. | Life Skills | 13/07/2019 to 13/07/2019 | 30 | Dr. Mahalaxmi |
| 13. | Life Skills | 02/05/2019 to 02/05/2019 | 36 | Dr. Channamallikarjun |
| 14. | Life Skills | 20/04/2019 to 20/04/2019 | 37 | Brahakumaries |
| 15. | Life Skills | 22/09/2018 to 22/09/2018 | 35 | Dr. Rohini |



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Shahabad Road, Kalaburagi- 585105, Karnataka- India

Office: 08472-298922

Website: <https://sitgulbarga.org>

Date : 14/12/2022

CIRCULAR

All the Students are here by informed to attend the Awareness Program on “**Healthy Hands Campaign**” which is scheduled on **17/12/2022** at **01:30 PM** organized by NSS Committee.

Venue : Seminar Hall

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14/12/22

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| SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI | |
|--|---|
| Date of Activity : 17/12/2022 | Time Slot : 01:30 PM to 02:30 PM |
| Activity Name :- Awareness Program on "Healthy Hands Campaign" | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Shailashree |
| Total Number of Students Attended : 46 | |

OBJECTIVES:-

1. Promote Hand Hygiene Awareness.
2. Educate on Proper Hand washing Techniques.
3. Reduce Transmission of Infections.
4. Install Hand Sanitizing Stations.

ACTIVITY REPORT:-

On the 17th of December 2022, Shetty Institute of Technology in Kalaburagi conducted an awareness program titled "Healthy Hands Campaign," organized by the NSS Committee. The session took place from 01:30 PM to 02:30 PM and featured Dr. Shailashree as the guest resource person. A total of 46 students participated in the campaign, which aimed to promote hand hygiene and its critical role in preventing the spread of infections. Dr. Shailashree provided comprehensive guidance on proper hand washing techniques, emphasizing the importance of regular hand washing with soap and water, especially during key times such as before eating and after using the restroom. The session included practical demonstrations and discussions on the

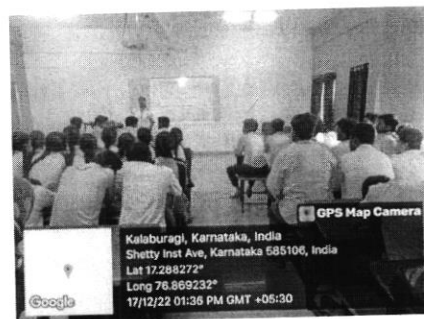
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significance of hand hygiene in maintaining personal health and contributing to community well-being. Students actively engaged in the interactive session, asking questions and sharing their experiences related to hand hygiene practices. Dr. Shailashree's expertise and engaging presentation style made the campaign informative and impactful, leaving participants with practical knowledge to implement healthy hand habits in their daily lives. The program concluded with a commitment from students to uphold effective hand hygiene practices, thereby contributing to a healthier campus environment overall.

OUTCOMES:-

1. Increased Awareness.
2. Behavioral Change.
3. Promotion of Hygiene Practices.
4. Healthcare Cost Reduction.



Students attended the awareness program on “**Healthy Hands Campaign**” in seminar hall.


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Name of the Event : Awareness on Health Program
Organizing Committee : NSS Committee
Date: 17/12/2022 : Venue : Seminar Hall

ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|-----------|
| 1. | Shambhavi | CSE | |
| 2. | Anand | ME | |
| 3. | Ravati | CSE | |
| 4. | Srishty | CSE | |
| 5. | Uma | CV | |
| 6. | Arundhati | CSE | |
| 7. | Bhagyaeshree M.H | CSE | |
| 8. | Malikanna | CVE | |
| 9. | Bushma | CSE | |
| 10. | Ganesh M | CSE | |
| 11. | Ketan | CV | |
| 12. | Tyoti | CSE | |
| 13. | Vijalaxmi | BEE | |
| 14. | Shradha | CSE | |
| 15. | Vijayakumar | CSE | |
| 16. | Yashwini | CSE | |
| 17. | Uma Adika | CSE | |
| 18. | Saritha | EEE | |
| 19. | Prakash | CSE | |
| 20. | Kalish | EEE | |
| 21. | Daneshwari | CSE | |
| 22. | Khushboo | EEE | |

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ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|-----------|
| 23. | Aishwarya | CS | |
| 24. | Bapugouda | CSE | |
| 25. | Bharani | CS | |
| 26. | Bindu | CSE | |
| 27. | Havish | CSE | |
| 28. | Nasir Khan | CS | |
| 29. | Nitesh | CSE | |
| 30. | Sachin | CSE | |
| 31. | Siddarth | CS | |
| 32. | Swati | CS | |
| 33. | Vasshini | CSE | |
| 34. | Narasamma | EEE | |
| 35. | Akash | EEE | |
| 36. | Sayban-Raza | eee | |
| 37. | Ankush | eee | |
| 38. | Vishnujeet | EEE | |
| 39. | Saifula | CV | |
| 40. | Aman Nadaf | CV | |
| 41. | Suzan | CSE | |
| 42. | Prathviraj | ECE | |
| 43. | Abdul Raheman | ECE | |
| 44. | MOUNESH | ECE | |
| 45. | Revansiddappa | ECE | |
| 46. | Ashwini | ECE | |

NSS Co-ordinator

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Date:- 13/07/22

CIRCULAR

All the Students are here by informed to attend the Awareness Program on “**EMPOWERMENT PROGRAM OVERCOMING ANXIETY**” which is scheduled on **15/07/2022** at **10:00 AM** organized by NSS Committee.

Venue : Seminar Hall

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13/7/22

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| Shetty Institute of Technology, Kalaburagi | |
|---|---|
| Date of Activity: 15/07/2022 | Time Slot: 10:00 AM to 12:00 PM |
| Activity Name : Awareness Program on "Empowerment Program: Overcoming Anxiety" | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Ambika |
| Total Number of Students Attended : 45 | |

OBJECTIVES:-

1. Educate participants about different types of anxiety disorders and their symptoms.
2. Promote self-awareness by helping participants recognize triggers and early signs of anxiety.
3. Provide information about available resources and support for anxiety management.
4. Reduce stigma associated with anxiety disorders through education and awareness.

ACTIVITY REPORT:-

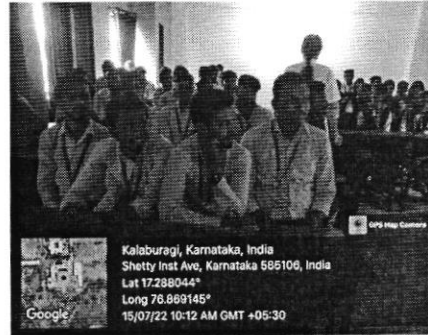
Shetty Institute of Technology, Kalaburagi, conducted an Awareness Program titled "Empowerment Program: Overcoming Anxiety" on 15/07/2022, held from 10:00 AM to 12:00 PM. Organized by the NSS Committee, the program aimed to educate students about managing anxiety effectively. Dr. Ambika, the guest and resource person, delivered insightful sessions on identifying anxiety triggers, coping mechanisms, and promoting mental well-being. A total of 45 students participated actively in the program, engaging in discussions and interactive sessions. Dr. Ambika's expertise provided valuable guidance, empowering students to recognize and address anxiety-related challenges. The program fostered a supportive environment for open dialogue and reflection on mental health issues. Attendees appreciated the opportunity to learn practical strategies and resources for overcoming anxiety, enhancing their resilience and well-being. The program underscored Shetty Institute of Technology's commitment to promoting

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holistic development and supporting student welfare through educational initiatives.

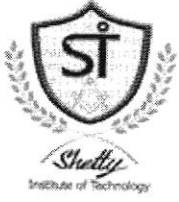
OUTCOMES:-

1. Promotion of Healthy Habits.
2. Increased recognition of personal triggers and early signs of anxiety.
3. Improved ability to employ effective coping strategies and relaxation techniques to manage anxiety.
4. Knowledge about available resources and support systems for anxiety management.



Students attended the awareness program on **"Empowerment Program: Overcoming Anxiety"** in seminar hall.

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Name of the Event : Awareness on Health Program
Organizing Committee : NSS Committee
Date: 15/04/2022 : Venue : Seminar Hall

ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|----------------|
| 1. | Jeshwanth | mech | Jeshwanth |
| 2. | Hashim. Kiramani | MECH | HashimKiramani |
| 3. | Ramlingh | mech | Ramlingh |
| 4. | Aakash | Mech | Aakash |
| 5. | Venkatesh | CS | Venkatesh |
| 6. | Amam | CV | Amam |
| 7. | Mukun chavam | CV | Mukun |
| 8. | Shivaraj | Civil | Shivaraj |
| 9. | Bharat | Civil | Bharat |
| 10. | GUUNDERAO | CV | Gunderao |
| 11. | Ravichandra | civil | Ravichandra |
| 12. | Dril | CS | Dril |
| 13. | Chanves | meh | Chanves |
| 14. | Basavaraaj | MECH | Basavaraaj |
| 15. | Ningraaj | meh | Ningraaj |
| 16. | Sachin | MECH | Sachin |
| 17. | Praveen kumar | MECH | Praveen |
| 18. | Ibrahim | MECH | Ibrahim |
| 19. | Arun | MECH | Arun |
| 20. | Shreshail | mech | Shreshail |
| 21. | Anand | ME | Anand |
| 22. | Dadhika | CSE | Dadhika |
| 23. | Bhavana. Shankar | MECH | Bhavana |

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ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|--------------|
| 24. | Vijalaxmi | EEE | Vijalaxmi |
| 25. | Khooboo | EEE | Khooboo |
| 26. | Saritha | EEE | Saritha |
| 27. | Nisar | EEE | Nisar |
| 28. | Vishwa | eee | Sohel |
| 29. | Sohel | eee | Sohel |
| 30. | Kalish | EEE | Kalish |
| 31. | Rohit | EEE | Rohit |
| 32. | Bhagyashree | eee | Bhagyashree |
| 33. | Savitri | eee | Savitri |
| 34. | Arun | eee | Arun |
| 35. | Asha | eee | Asha |
| 36. | Ranjankumar | CSE | Ranjankumar |
| 37. | Sadhitrani | CS | Sadhitrani |
| 38. | Chaitra | CSE | Chaitra |
| 39. | Narish | CSE | Narish |
| 40. | Shambhavi | Cse | Shambhavi |
| 41. | Monika | CSE | Monika |
| 42. | Rathod sagar | CSE | Rathod sagar |
| 43. | Gourish | CS | Gourish |
| 44. | Syed Khaizal | CSE | Syed Khaizal |
| 45. | Sohail | CSE | Sohail |

Forwar

Programme Co-ordinator

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Date : 05/07/2022

CIRCULAR

All the Students are here by informed to attend the Awareness Program on **“HEALTHY DIET AWARENESS INITIATIVE FOR STUDENTS”** which is scheduled on **07/07/2022** at **11:30 AM** organized by NSS Committee.

Venue : Seminar Hall


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|---|--|
| Date of Activity:- 07/07/2022 | Time Slot : 11:30 AM to 12:30 PM |
| Activity Name :- Awareness Program on "Healthy Diet Awareness Initiative for Students" | |
| Organizing Committee:- NSS Committee | Guest / Resource Person : Dr. Jayalaxmi |
| Total Number of Students Attended : 45 | |

OBJECTIVES:-

1. Promote Nutritional Knowledge.
2. Encourage Healthy Eating Habits.
3. Prevent Diet-Related Health Issues.
4. Promote Physical and Mental Well-being.

ACTIVITY REPORT:-

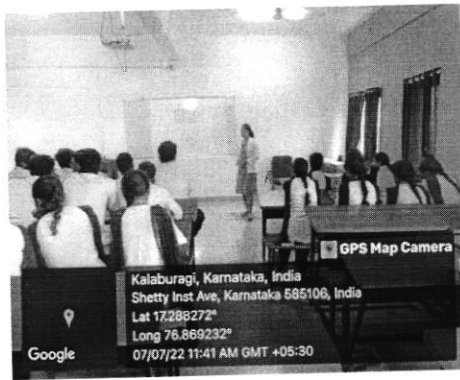
On the 7th of July 2022, Shetty Institute of Technology in Kalaburagi organized an awareness program titled "Healthy Diet Awareness Initiative for Students," coordinated by the NSS Committee. The program, held from 11:30 AM to 12:30 PM, featured Dr. Jayalaxmi as the guest resource person. A total of 45 students participated in the initiative, which aimed to educate them about the importance of maintaining a healthy diet for overall well-being and academic performance. Dr. Jayalaxmi provided insightful guidance on balanced nutrition, emphasizing the role of essential nutrients, portion control, and the impact of dietary choices on physical and mental health. The session included practical tips on meal planning, reading food labels, and making informed dietary decisions both on and off campus. Students actively engaged in discussions, sharing their dietary habits and concerns, and seeking personalized advice. Dr.

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Jayalaxmi's expertise and interactive approach made the program informative and engaging, empowering students to prioritize their health through nutritious eating habits. The program concluded with a Q&A session, allowing students to clarify doubts and commit to adopting healthier lifestyles. Overall, the initiative was successful in promoting awareness and encouraging positive dietary changes among the participants.

OUTCOMES:-

1. Increased Nutritional Knowledge.
2. Improved Dietary Habits.
3. Awareness of Health Risks.
4. Adoption of Lifelong Healthy Eating Behaviors.



Students attended the awareness program on **“HEALTHY DIET AWARENESS INITIATIVE FOR STUDENTS”** in seminar hall.

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Name of the Event : Awareness on Health Program
Organizing Committee : NSS Committee
Date: 07/07/2022 : Venue : Seminar Hall

ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|---------------------|
| 1. | Nagaveni | CSE | Nagaveni |
| 2. | Ashwini | CSE | Ashwini |
| 3. | Gadi Parvan Kalyani | CSE | Gadi Parvan Kalyani |
| 4. | Jyoti | CSE | Jyoti |
| 5. | Mahadevappa | CSE | Mahadevappa |
| 6. | Koushalya | CSE | Koushalya |
| 7. | Revanasiddha | CV | Revanasiddha |
| 8. | Md. Athesham | Civil | Md. Athesham |
| 9. | Akash Simpi | Civil | Akash Simpi |
| 10. | Suhani | Civil | Suhani |
| 11. | Prasad | CV | Prasad |
| 12. | Arjun | Civil | Arjun |
| 13. | ADARSH T | CV | ADARSH T |
| 14. | Chandu Bai | Civil | Chandu Bai |
| 15. | Praveen .P | CV | Praveen .P |
| 16. | Ritik | Civil | Ritik |
| 17. | Tanuja | CV | Tanuja |
| 18. | Akash | EEE | Akash |
| 19. | Chindanand | EEE | Chindanand |
| 20. | Arunkumar | EEE | Arunkumar |
| 21. | Harsha | EEE | Harsha |
| 22. | mallikarjun | eee | mallikarjun |

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Office: 08472-298922

Website: <https://sitgulbarga.org>**ATTENDANCE SHEET**

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|-----------------|
| 23. | Jyothi | ECE | Jyothi |
| 24. | Seema | EC | Seema |
| 25. | Sanvi - S. | EEL | Sanvi |
| 26. | Avinash | EL | A |
| 27. | Rambhadrana | EL | Rambhadrana |
| 28. | Haminduddin | EC | Haminduddin |
| 29. | Sachin | MECH | Sachin |
| 30. | Channaveer | mech | Channaveer |
| 31. | Jeevananth | mech | Jeevananth |
| 32. | Basavaraj | MECH | Basavaraj |
| 33. | Ramsingh | mech | Ramsingh |
| 34. | Shreeshaif | MECH | Shreeshaif |
| 35. | Vinayraj | mech | Vinayraj |
| 36. | Hashim . Kiramani | MECH | Hashim Kiramani |
| 37. | Arun | MECH | Arun |
| 38. | Akash | Mech | Akash |
| 39. | Pooja Chavan | EEE | Pooja Chavan |
| 40. | Abhishek | EEE | Abhishek |
| 41. | Ashwaryo | EEE | Ashwaryo |
| 42. | Babax | EEE | Babax |
| 43. | Kaveri | eee | Kaveri |
| 44. | Vishal | eee | Vishal |
| 45. | Durraj | EEE | Durraj |

NSS Co-ordinator

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Date : 25/05/2022

CIRCULAR

All the Students are here by informed to attend the Awareness Program on “**Communicable Diseases Awareness**” which is scheduled on **28/05/2022** at **11:30 AM** organized by NSS Committee.

Venue : Seminar Hall

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|---|---|
| Date of Activity : 28/05/2022 | Time Slot : 11:30 AM to 12:30 PM |
| Activity Name :- Awareness Program on " Communicable Diseases Awareness " | |
| Organizing Dept / Committee : NSS Committee | Guest / Resource Person : Dr.Sheetal |
| Total Number of Students Attended : 45 | |

OBJECTIVES:-

1. Educate students about the concept of communicable diseases and their impact on public health.
2. Increase awareness about common communicable diseases prevalent in the local and global context.
3. Provide information on the modes of transmission, symptoms, and prevention methods for communicable diseases.
4. Promote understanding of the importance of hygiene practices and vaccination in preventing communicable diseases.

ACTIVITY REPORT:-

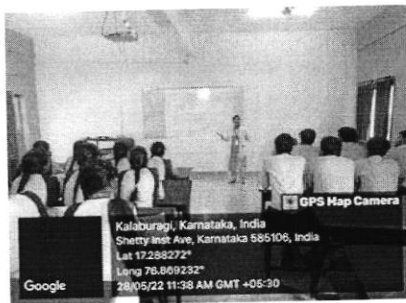
On the 28th of May 2022, Shetty Institute of Technology in Kalaburagi organized an awareness program titled "**Communicable Diseases Awareness**" led by the NSS Committee. The session, conducted from 11:30 AM to 12:30 PM, featured Dr. Sheetal as the guest resource person. A total of 45 students participated in the awareness program, which aimed to educate them about various communicable diseases, their transmission, prevention measures, and the importance of

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early detection. Dr. Sheetal provided comprehensive information on common communicable diseases, including respiratory infections, gastrointestinal illnesses, and vector-borne diseases. The program included interactive discussions, where students actively engaged in learning about hygiene practices, vaccination, and community health initiatives to prevent the spread of diseases. Dr. Sheetal's expertise and practical insights enabled students to understand the significance of personal hygiene and public health strategies in combating communicable diseases. The program concluded with a Q&A session, where students clarified their doubts and received guidance on promoting health and well-being in their community. Overall, the program was informative and empowering, equipping students with essential knowledge to protect themselves and others from communicable diseases effectively.

OUTCOMES:-

1. Provided a platform for students to engage with a subject matter expert.
2. Developed skills in identifying and addressing public health issues.
3. Cultivated a proactive approach towards personal and community health.
4. Increased motivation among students to participate in health awareness programs.



Students attended the awareness program on “**Communicable Diseases Awareness**” in seminar hall.


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Office: 08472-298922

Website: <https://sitgulbarga.org>

Name of the Event : Awareness on Health Program
Organizing Committee : NSS Committee
Date: 28/05/2022 : Venue : Seminar Hall

ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|--------------|
| 1. | Gouresh | CS | Gouresh |
| 2. | Moohika | CSE | Moohika |
| 3. | Nareesh | CSE | Nareesh |
| 4. | Meha | CS | Meha |
| 5. | Neha . h | CSE | Neha |
| 6. | Radhika | CSE | Radhika |
| 7. | Ranjankumar | CBE | Ranjankumar |
| 8. | Rathod sagar | CSE | Rathod sagar |
| 9. | Revati | CSE | Revati |
| 10. | Sachitrani | CS | Sachitrani |
| 11. | Sharanu | Civil | Sharanu |
| 12. | Nagaraj | CV | Nagaraj |
| 13. | Gundanna . N | Civil | Gundanna . N |
| 14. | Ravichandra | CV | Ravichandra |
| 15. | BHARAT | CV | Bharat |
| 16. | Aishwaryee | Civil | Aishwaryee |
| 17. | Shivraj | Civil | Shivraj |
| 18. | Rahul | CV | Rahul |
| 19. | Khetan | CV | Khetan |
| 20. | Dinesh | CV | Dinesh |
| 21. | Darshwanath | Civil | Darshwanath |
| 22. | Uma | CV | Uma |
| 23. | MALAKANNA | CIVIL | Mala . |

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Website: <https://sitgulbarga.org>**ATTENDANCE SHEET**

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|-----------|
| 24. | Amaranath | CV | Amaranath |
| 25. | Vishwa | EEE | Vishwa |
| 26. | sohel | eee | sohel |
| 27. | Rohit | EEE | Rohit |
| 28. | shanta | EEE | shanta |
| 29. | Sumit | EEE | Sumit |
| 30. | Vinod | EEE | Vinod |
| 31. | Sunil.kumar | EEE | Sunil |
| 32. | M Ustaf Shaikh | EEE | Shaikh |
| 33. | mahendranatha | EEE | m |
| 34. | Mahammed kaif | EEE | kaif |
| 35. | Vishal | EEE | Vishal |
| 36. | Nagar | EEE | Nagar |
| 37. | Bhagya shew | ECE | Bhagya |
| 38. | Neha | ECE | Neha |
| 39. | Santosh | ECE | Santosh |
| 40. | Nikhita | ECE | Nikhita |
| 41. | Arun | eee | Arun |
| 42. | Pooveen kumar | MECH | Pooveen |
| 43. | Anand | MECH | Anand |
| 44. | Bhavani Shankar | MECH | Bhavani |
| 45. | Bohahim | MECH | Bohahim |


NSS Co-ordinator


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Website: <https://sitgulbarga.org>

Date : 19/04/2022

CIRCULAR

All the Students are here by informed to attend the Awareness Program on “**STROKE AWARENESS**” which is scheduled on **22/04/2022** at **01:30 PM** organized by NSS Committee.

Venue : Seminar Hall

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1. Principal
2. All the HOD's

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|---|---|
| Date of Activity : 22/04/2022 | Time Slot : 01:30 PM to 02:30 PM |
| Activity Name :- Awareness Program on " Stroke Awareness" | |
| Organizing Committee : NSS Committe | Guest / Resource Person : Dr.Kirankumar |
| Total Number of Students Attended : 45 | |

OBJECTIVES:-

1. Education on Stroke Basics.
2. Early Recognition and Symptoms.
3. Prevention Strategies.
4. Impact and Consequences.

ACTIVITY REPORT:-

On the 22nd of April 2022, Shetty Institute of Technology in Kalaburagi organized an important awareness program titled "**Stroke Awareness**" under the auspices of the NSS Committee. The session, held from 01:30 PM to 02:30 PM, featured Dr. Kirankumar as the guest resource person. A total of 45 students attended the workshop, which focused on educating participants about strokes, their causes, symptoms, and preventive measures. Dr. Kirankumar delivered a comprehensive presentation, covering crucial aspects such as recognizing the warning signs of a stroke, understanding risk factors like hypertension and lifestyle choices, and the importance of prompt medical intervention. The program was interactive, with students actively participating in discussions and asking insightful questions to deepen their understanding of stroke prevention and management. Dr. Kirankumar's expertise and engaging delivery effectively conveyed the seriousness of strokes and empowered students with practical knowledge to take proactive steps in their health and well-being. The program concluded with students expressing appreciation for the informative session, highlighting its impact on raising awareness and promoting a healthier

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lifestyle within the campus community.

OUTCOMES:-

1. Enhanced knowledge of stroke types, causes, and risk factors.
2. Improved ability to recognize early stroke symptoms using the FAST acronym.
3. Increased awareness of preventive measures to reduce stroke risk.
4. Preparedness to take immediate action in case of a suspected stroke.
5. Understanding of the long-term impacts of stroke on individuals and families.



Awareness program is conducted on “**STROKE AWARENESS**” in seminar hall.

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Name of the Event : Awareness on Health Program
Organizing Committee : NSS Committee
Date: 22/04/2022 : Venue : Seminar Hall

ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|-----------|
| 1. | Sumeet .H | CSE | |
| 2. | Ajay Kumar | CSE | |
| 3. | Syed Uzair | EEE | |
| 4. | Mohammed Asif | EEE | |
| 5. | Shashikumar | CSE | |
| 6. | Sonesh | CSE | |
| 7. | Bhagyees hree.M.H | CSE | |
| 8. | Ganesh DM | CSE | |
| 9. | Bushma | CSE | |
| 10. | Srishty | CSE | |
| 11. | Arundhati | CSE | |
| 12. | Daneshwar P | CSE | |
| 13. | Jyoti | CSE | |
| 14. | Sidda PPA | EEE | |
| 15. | Vinay | CSE | |
| 16. | Falzan | CSE | |
| 17. | Shaab | CSE | |
| 18. | Umma | CSE | |
| 19. | Ganesh | EEE | |
| 20. | Chradha | CSE | |
| 21. | Praveen.Komaj | EEE | |
| 22. | Pallav Biradar | CSE | |
| 23. | Prasad | CSE | |

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ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|-----------|
| 24. | Vasudevanand | CIVIL | Vsegele |
| 25. | VIVEK | CIVIL | Tivek |
| 26. | Bhagyashree | Civil | Ba |
| 27. | Mubeen Sha | EEE | Mubeen |
| 28. | Ajay Chellan | Civil | Ajay |
| 29. | Sardar Anjum | EEE | Anjum |
| 30. | Jayalaxmi | EEE | Jaya |
| 31. | Basamma V.M | CSE | Basamma |
| 32. | Arunhati | CSE | Arunhati |
| 33. | Komal .BB | CSE | Komal |
| 34. | Sachin | eee | Sachin |
| 35. | Nikita G.K | CSE | Nikita |
| 36. | Sristy | CSE | Sristy |
| 37. | Prakash | EEE | Prakash |
| 38. | Abdul Khadar | Civil | Abdul |
| 39. | Syed hussein | EEE | Syed |
| 40. | Sneha | EEE | Sneha |
| 41. | Abuzar | EEE | Abuzar |
| 42. | Sahil | EEE | Sahil |
| 43. | Kamran | EEE | Kamran |
| 44. | Manjunath | eee | Manjunath |
| 45. | Gulzar | EEE | Gulzar |

Korwar
NSS Co-ordinator

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[Signature] 22/4/22
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Date : 10/02/2022

CIRCULAR

All the Students are here by informed to attend the Awareness Program on "DEPRESSION" which is scheduled on **12/02/22** at **12:30 PM** organized by NSS Committee.

Venue : Seminar Hall

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1. Principal
2. All the HOD's

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| SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI | |
|--|---------------------------------------|
| Date of Activity : 12/02/22 | Time Slot : 12:30 PM to 1:30 PM |
| Activity Name :- Awareness Program on "Depression" | |
| Organizing Dept / Committee : NSS Committee | Guest / Resource Person : Dr.Sundhera |
| Total Number of Students Attended : 45 | |

OBJECTIVES:-

1. Educate participants about the signs, symptoms, and types of depression.
2. Increase awareness about the prevalence and impact of depression on individuals and society.
3. Provide information on risk factors and triggers associated with depression.
4. Reduce stigma and misconceptions surrounding mental health disorders, specifically depression.
5. Inspire advocacy and proactive involvement in mental health initiatives.

ACTIVITY REPORT:-

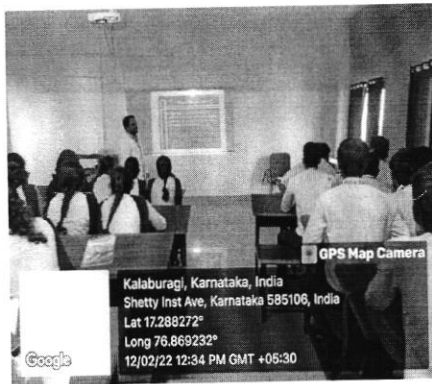
On the 12th of February 2022, Shetty Institute of Technology in Kalaburagi organized an awareness program focused on "Depression," hosted by the NSS Committee. The session, held from 12:30 PM to 1:30 PM, featured Dr. Sundhera as the guest resource person. A total of 45 students attended the program, which aimed to raise awareness about depression, its symptoms, causes, and available treatments. Dr. Sundhera provided comprehensive insights into the mental


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health condition, emphasizing the importance of early recognition and seeking professional help. The session included discussions on coping strategies, the role of social support, and destigmatizing mental health issues. Students actively participated, asking questions and sharing their experiences, creating a supportive environment. Dr. Sundhera's expertise and compassionate approach helped break down barriers associated with depression, empowering attendees to recognize signs in themselves and others and promoting a culture of mental well-being within the institute. The program was a significant step in fostering understanding and support for mental health issues among students.

OUTCOMES:-

1. Promotion of a culture of empathy, understanding, and inclusivity within the institute.
2. Cultivation of a supportive network for individuals affected by depression.
3. Integration of learned knowledge into personal and professional lives to foster mental well-being.
4. Encouragement to create a supportive environment for discussing mental health issues.
5. Strengthened institutional commitment to promoting mental health awareness and support.



Student attended awareness program on “DEPRESSION” in seminar hall.


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Website: <https://sitgulbarga.org>

Name of the Event : Awareness on Health Program
Organizing Committee : NSS Committee
Date: 12/02/22 : Venue : Seminar Hall

ATTENDANCE SHEET

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|-------------------|-----------|
| 1. | Aishwarya | CS | |
| 2. | Bapugouda | Ba CSE | |
| 3. | Bhavani | CS | |
| 4. | Bindu | CSE | |
| 5. | Harish | CSE | |
| 6. | Nasis Khan | CS | |
| 7. | Nitesh | CSE | |
| 8. | Sachin | CSE | |
| 9. | Siddarth | CS | |
| 10. | Swati | CS | |
| 11. | Varshini | CSE | |
| 12. | Nikhil | CV | |
| 13. | Vijalakshmi | EEE | |
| 14. | Sarita | EEE | |
| 15. | Mithun | CV | |
| 16. | Nikhil | CV | |
| 17. | Sachin Dathod | CV | |
| 18. | Sanjay Kolekar | CV | |
| 19. | Narasamma | EEE | |
| 20. | Akash | EEE | |
| 21. | Souban Raza | eee | |
| 22. | Ankush | eee | |

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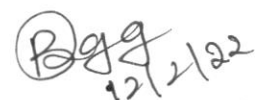
Office: 08472-298922

Website: <https://sitgulbarga.org>**ATTENDANCE SHEET**

| Sl. No. | Name of the Student | Department | Signature |
|---------|---------------------|------------|---------------|
| 23. | Vishnujeet | ece | Vishnujeet |
| 24. | Abdul Raheman | ECE | Abdul Raheman |
| 25. | Mounesh | ece | Mounesh |
| 26. | Revansiddappa | ece | Revansiddappa |
| 27. | Ashwini | ece | Ashwini |
| 28. | Prathavisaj | ECE | Prathavisaj |
| 29. | Kiran Rathod | CV | Kiran Rathod |
| 30. | Saifula | CV | Saifula |
| 31. | Aman Nadaf | CV | Aman Nadaf |
| 32. | Venkatesh | CSE | Venkatesh |
| 33. | Raghavendra | CSE | Raghavendra |
| 34. | Anil | CSE | Anil |
| 35. | Ankita | CSE | Ankita |
| 36. | Anneka | CSE | Anneka |
| 37. | Shrishaik | CV | Shrishaik |
| 38. | Mallikarjun | CV | Mallikarjun |
| 39. | Akash | CV | Akash |
| 40. | Shivaraj | CV | Shivaraj |
| 41. | Basavaraj | CV | Basavaraj |
| 42. | Kalish | EEE | Kalish |
| 43. | Agni | EEE | Agni |
| 44. | Shubhakar | ece | Shubhakar |
| 45. | Pandurang | EEE | Pandurang |


NSS Co-ordinator


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Date:- 02/08/2021

CIRCULAR

All the Students are here by informed to attend the Awareness Program on “**Hypertension Awareness**” which is scheduled on **05/08/2021** at **11:30 AM** organized by NSS Committee.

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1. Principal
2. All the HOD's

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|--|---|
| Date of Activity : 05/08/2021 | Time Slot : 11:30 AM to 12:30 PM |
| Activity Name :- Awareness Program on “Hypertension Awareness” | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Basavaraj.Belli |
| Total Number of Students Attended : 20 | |

OBJECTIVES:-

1. Raise awareness about hypertension as a significant public health issue.
2. Empower participants with knowledge about available treatment options and resources.
3. Educate participants about the causes and risk factors associated with hypertension.
4. Discuss the potential complications of untreated or poorly managed hypertension.

ACTIVITY REPORT:-

On the 5th of August, 2021, Shetty Institute of Technology in Kalaburagi organized an awareness program titled “Hypertension Awareness” The program, conducted by the NSS Committee from 11:30 AM to 12:30 PM, featured Dr. Basavaraj Belli as the guest speaker. Twenty students attended the program, which aimed to educate them about hypertension, its causes, symptoms, and preventive measures. Dr. Belli provided comprehensive information on the importance of maintaining a healthy blood pressure level, the risks associated with hypertension, and lifestyle changes that can help manage and prevent the condition. The session was interactive, with students actively participating in discussions and asking pertinent questions about managing stress, diet, and physical activity. Dr. Belli's expert insights and practical advice were well-received, making the program an informative and valuable experience for all attendees. The


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program successfully raised awareness about hypertension and encouraged students to adopt healthier habits to prevent and manage high blood pressure.

OUTCOMES:-

1. Increased awareness among students about hypertension as a significant health issue.
2. Awareness raised about the potential complications of untreated hypertension.
3. Empowerment of students with strategies for adopting a heart-healthy lifestyle.
4. Enhanced understanding of the causes and risk factors associated with hypertension.
5. Promotion of a proactive approach towards personal health management.




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Date:-10/06/21

CIRCULAR

All the Students are here by informed to attend the Awareness Program on "MALARIA AWARENESS INITIATIVE" which is scheduled on 12/06/2021 at 12:00 PM organized by NSS Committee.


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|---|---|
| Date of Activity : 12/06/2021 | Time Slot : 12:00 PM to 1:00 PM |
| Activity Name :- Awareness Program on "Malaria Awareness Initiative" | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Deepak |
| Total Number of Students Attended : 22 | |

OBJECTIVES:-

1. Educate the community about the causes and transmission of malaria.
2. Raise awareness about the symptoms and early detection of malaria.
3. Provide information on effective treatment options and resources available for malaria.
4. Measure the impact of the initiative through assessments of community knowledge and behavior change.

ACTIVITY REPORT:-

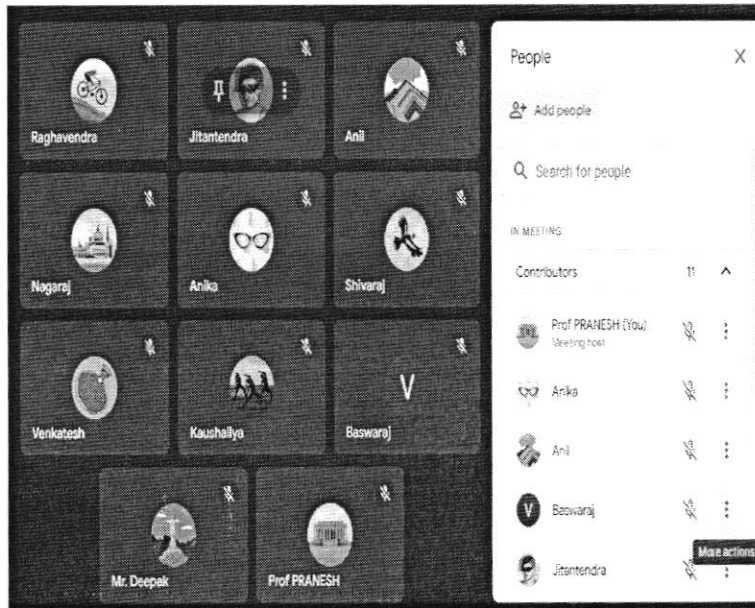
On the 12th of June, 2021, Shetty Institute of Technology in Kalaburagi organized an awareness program titled "Malaria Awareness Initiative," facilitated by the NSS Committee. The program, held from 12:00 PM to 1:00 PM, featured Dr. Deepak as the guest resource person. A total of 22 students attended the session, which aimed to educate participants about malaria, focusing on its transmission, symptoms, prevention, and treatment. Dr. Deepak delivered a detailed presentation, covering essential aspects of malaria prevention strategies such as mosquito control measures, use of bed nets, and timely medical intervention. The interactive nature of the program allowed students to ask questions and engage in discussions, clarifying their doubts and gaining deeper insights into the disease. The session concluded with practical tips on recognizing early symptoms and seeking prompt medical care. Overall, the program was informative and


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impactful, equipping attendees with valuable knowledge to combat malaria effectively and promote community health awareness.

OUTCOMES:-

1. Development of leadership and communication skills through active participation.
2. Alignment with institutional goals of fostering a healthy campus environment.
3. Inspiration for future health awareness initiatives and collaborations.
4. Promotion of proactive health behaviors and disease prevention strategies.
5. Enhanced advocacy for public health issues among students.




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Date:-04/04/20

-: NOTICE:-

All the Students are here by informed to attend the Awareness Program on “NUTRITION” which is scheduled on **08/04/2020** at **11:30 AM** organized by NSS Committee.

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|--|---|
| Date of Activity : 08/04/2020 | Time Slot : 11:30 AM to 12:30 PM |
| Activity Name :- Awareness Program on “Nutrition” | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Pooja.Jadhav |
| Total Number of Students Attended : 20 | |

OBJECTIVES:-

1. Promote Understanding of Nutrition.
2. Raise Awareness about Nutritional Needs.
3. Provide Information on Food Sources.
4. Promote Sustainable Eating Practices.

ACTIVITY REPORT:-

On the 8th of April, 2020, Shetty Institute of Technology in Kalaburagi held an awareness program on “Nutrition,” organized by the NSS Committee. The event, scheduled from 11:30 AM to 12:30 PM, featured Dr. Pooja Jadhav as the guest speaker. A total of 20 students attended the session, which aimed to impart essential knowledge about maintaining a balanced diet and the role of nutrition in overall health and well-being. Dr. Jadhav provided insightful information on various nutritional topics, including the importance of macro and micronutrients, healthy eating habits, and the impact of nutrition on physical and mental health. The session was highly interactive, with students engaging in discussions and asking questions about their dietary concerns. Dr. Jadhav’s practical tips and expert advice helped demystify common nutritional myths and encouraged students to make informed food choices. The program was well-received,

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leaving participants better equipped to incorporate healthy eating practices into their daily lives. During Covid as Nutrition plays a vital role to improve immunity in human body.

OUTCOMES:-

1. Motivation to adopt healthier eating habits.
2. Improved attitudes towards health and nutrition.
3. Awareness raised about nutrition-related issues like obesity and malnutrition.
4. Readiness to share knowledge with peers and family.
5. Practical insights gained on making informed food choices.




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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Date:-19/02/20

-: NOTICE:-

All the Students are here by informed to attend the Awareness Program on **“SEXUAL & REPRODUCTIVE HEALTH”** which is scheduled on **22/02/2020** at **11:00 AM** organized by NSS Committee.

Venue : Seminar Hall

Copy To,

1. Principal
2. All the HOD's


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| SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI | |
|--|--|
| Date of Activity : 22/02/2020 | Time Slot : 11:00 AM to 1:00 PM |
| Activity Name :- Awareness Program on "Sexual & Reproductive Health" | |
| Organizing Committee : NSS Committe | Guest / Resource Person : Dr.Banale Shakuntala |
| Total Number of Students Attended : 35 | |

OBJECTIVES:-

1. Enhance Knowledge and Awareness.
2. Promote Safe and Healthy Practices.
3. Empower Individuals to Make Informed Decisions.
4. Focus on Youth and Adolescents.

ACTIVITY REPORT:-

On the 22nd of February, 2020, Shetty Institute of Technology in Kalaburagi hosted an awareness program titled "Sexual & Reproductive Health." Organized by the NSS Committee, the program took place from 11:00 AM to 1:00 PM and featured Dr. Banale Shakuntala as the guest speaker. The program aimed to educate students on crucial aspects of sexual and reproductive health, including safe practices, common health issues, and the importance of regular check-ups. A total of 35 students attended the session, engaging with Dr. Shakuntala's informative and empathetic approach. The discussion covered a range of topics from contraception and sexually transmitted

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infections to the significance of open communication and consent in relationships. The session was highly interactive, with students asking questions and sharing their concerns. Dr. Shakuntala's expert guidance and clear explanations helped demystify many aspects of sexual and reproductive health, making the program a significant success in enhancing the awareness and understanding among the participants.

OUTCOMES:-

1. Increased Awareness of Resources.
2. Improved Comfort and Openness.
3. Positive Feedback and Engagement.
4. Promotion of Mental and Emotional Well-being.
5. Strengthened Community and Peer Support.



Student attended awareness program on **“SEXUAL & REPRODUCTIVE HEALTH”** in seminar hall.


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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

ATTENDANCE SHEET

| SL. NO. | NAME OF THE STUDENT | DEPARTMENT | 22/02/2020 |
|---------|---------------------|------------|------------|
| 1. | Ashwini | CSE | P |
| 2. | Jyoti | CSE | P |
| 3. | Koushalya | CSE | P |
| 4. | Roopa R | CSE | P |
| 5. | Kashamma | CSE | P |
| 6. | Laxmi | CSE | A |
| 7. | Priyanka | CSE | P |
| 8. | Gouramma | CSE | P |
| 9. | Suhasini | CV | P |
| 10. | Sahana.B | CV | P |
| 11. | Shrusti | CV | A |
| 12. | Tanuja | CV | P |
| 13. | Vaishali | CV | P |
| 14. | Vijaylaxmi | CV | P |
| 15. | P Anjana | CV | P |
| 16. | Pooja | CV | P |
| 17. | Rashmi | CV | P |
| 18. | Pooja | CV | P |
| 19. | Rashmi | CV | P |
| 20. | Amareshwari | EEE | P |
| 21. | Madhumati | EEE | P |
| 22. | Pavitra B C | EEE | P |
| 23. | Kaveri S Bagali | EEE | P |

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| | | | |
|-----|------------|-----|---|
| 24. | Aishwarya | EEE | A |
| 25. | Ambika | EEE | P |
| 26. | Shakuntala | EEE | P |
| 27. | Sushma | EEE | P |
| 28. | Dhanashree | EEE | P |
| 29. | Jyothi | ECE | P |
| 30. | Laxmi | ECE | P |
| 31. | Seema | ECE | P |
| 32. | Megha | ECE | P |
| 33. | Savitri | ECE | A |
| 34. | Keerti | ECE | P |
| 35. | Neha | ECE | P |

Forwar
NSS Coordinator

P. M. B.
20/2/20
PRINCIPAL

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KALABURAGI

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Date:- 07/09/2019

-: NOTICE:-

All the Staff & Students are here by informed to attend the “**YOGA SESSION for EEE STUDENTS**” which is scheduled on **09/09/2019** at **7:00 AM** under the supervision of Yoga trainer organized by NSS Committee in the college lawn. Therefore all the Staff & Students are requested to attend the session with their own yoga mat.

Venue: College Lawn

Timing: 7:00 AM to 8:00 AM

Copy To,

1. Principal
2. All the HOD's

7/9/19
Principal

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| SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI | |
|---|---|
| Date of Activity : 9/9/2019 | Time Slot : 7:00 AM to 08:00 AM |
| Activity Name :- “YOGA SESSION for EEE STUDENTS” | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr.Mahalaxmi |
| Total Number of Students & Staff Attended : 34 | |

OBJECTIVES:-

1. The fundamental purpose of yoga is to foster harmony in the body, mind, and environment.
2. Yoga professes a complete system of physical, mental, social, and spiritual development.
3. To practice mental hygiene.
4. To possess emotional stability.

DETAILS OF YOGA SESSION:-

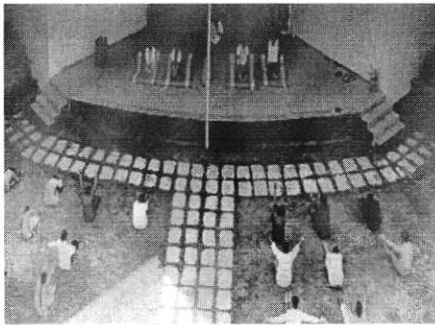
On the 9th of September, 2019, the Shetty Institute of Technology in Kalaburagi conducted a special session organized by the NSS Committee. The event, held from 7:00 AM to 8:00 AM, featured Dr. Mahalaxmi as the guest speaker. A total of 34 students and staff attended the session, which focused on promoting health and well-being. Dr. Mahalaxmi shared valuable insights on maintaining a healthy lifestyle, emphasizing the importance of regular exercise, balanced nutrition, and stress management. The early morning timing of the session underscored the significance of starting the day with positive health practices. Attendees found the session highly informative and motivating, gaining practical tips to incorporate into their daily routines.

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Overall, the event was successful in raising health awareness and encouraging participants to adopt healthier habits.

OUTCOMES:-

1. Yoga improves strength, balance and flexibility.
2. Yoga can ease arthritis symptoms.
3. Yoga benefits heart health.
4. Yoga relaxes you, to help you sleep better.
5. Yoga helps you manage stress.



Student attended awareness program on **“YOGA Session for EEE students”** in the college lawn.

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

ATTENDANCE SHEET

| SL.NO. | NAME OF THE STUDENT | DEPARTMENT | 9/9/2019 |
|--------|--------------------------|------------|----------|
| 1. | Dharampal | EEE | A |
| 2. | Praveen Kumar | EEE | P |
| 3. | Amareshwari | EEE | P |
| 4. | Madhumati | EEE | P |
| 5. | Mallikarjun B | EEE | P |
| 6. | Pavitra B C | EEE | P |
| 7. | Rakesh | EEE | P |
| 8. | Sharanayyathpathi | EEE | P |
| 9. | Ajaypatel | EEE | P |
| 10. | Mohammed Fazal Ur Rahman | EEE | P |
| 11. | Mohammed Shadab Ahmed | EEE | P |
| 12. | Mohdshareef | EEE | P |
| 13. | Poojachavan | EEE | P |
| 14. | Abhishek kalyani | EEE | P |
| 15. | Aishwarya | EEE | A |
| 16. | Ajith B Pasodi | EEE | P |
| 17. | Babar Hussain | EEE | P |
| 18. | Kaveri S Bagali | EEE | P |
| 19. | Vishal | EEE | P |
| 20. | Yuvaraj | EEE | P |
| 21. | Akash | EEE | P |

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| | | | |
|-----|-------------------|-----|---|
| 22. | Ambika | EEE | P |
| 23. | Arunkumar | EEE | P |
| 24. | Chandraguptamoury | EEE | P |
| 25. | Chidanandshinde | EEE | P |
| 26. | Harsha | EEE | P |
| 27. | Mahammadhasnain | EEE | P |
| 28. | Mallikarjun | EEE | P |
| 29. | Praveen Kumar | EEE | P |
| 30. | Rehan Mustafa | EEE | P |
| 31. | Satish | EEE | P |
| 32. | Shakuntala | EEE | P |
| 33. | Sunil | EEE | P |
| 34. | Sushma S | EEE | P |

Prerwal
NSS Coordinator

Prerwal
9/9/19
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Prerwal
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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Date: - 10/07/2019

-: NOTICE:-

All the Students are here by informed to attend the Awareness Program on **“COMPREHENSIVE HIV/AIDS PROGRAM”** which is scheduled on **13/07/2019** at **10:30 AM** organized by NSS Committee.

Venue : Seminar Hall

Copy To,

1. Principal
2. All the HOD's

August
10/7/19

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| SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI | |
|--|--|
| Date of Activity : 13/07/2019 | Time Slot : 10:30 AM to 12:30 PM |
| Activity Name :- Awareness Program on "Comprehensive HIV/AIDS Program" | |
| Organizing Dept / Committee : NSS Committee | Guest / Resource Person : Dr. Kanchana |
| Total Number of Students Attended : 30 | |

OBJECTIVES:-

1. Prevent HIV Transmission.
2. Improve Access to Treatment and Care.
3. Reduce Stigma and Discrimination.
4. Promote Public Awareness and Education.

ACTIVITY REPORT:-

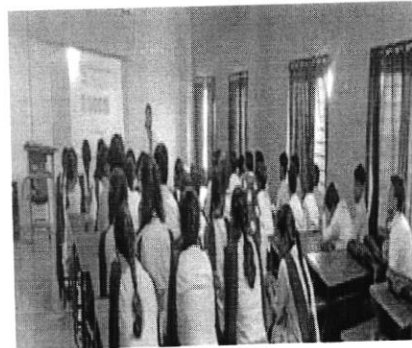
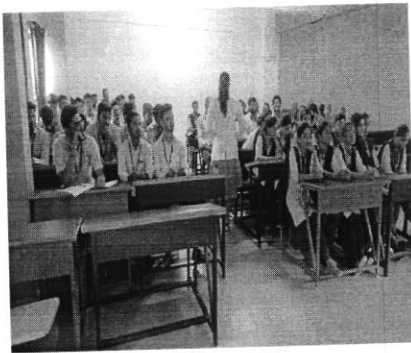
On the 13th of July, 2019, Shetty Institute of Technology in Kalaburagi conducted an awareness program titled "Comprehensive HIV/AIDS Program." Organized by the NSS Committee, the program was held from 10:30 AM to 12:30 PM and featured Dr. Kanchana as the guest speaker. The program aimed to educate students on various aspects of HIV/AIDS, including transmission, prevention, and the importance of early detection and treatment. A total of 30 students attended the session, which provided in-depth knowledge about the virus and its impact on individuals and communities. Dr. Kanchana's presentation was both informative and engaging, addressing common myths and misconceptions about HIV/AIDS. The session emphasized the importance of safe practices, regular health check-ups, and the need for empathy and support for those living with HIV. The interactive nature of the program allowed students to ask questions and engage in

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meaningful discussions, significantly enhancing their understanding of the subject. The program was a valuable educational experience, successfully raising awareness and fostering a supportive attitude towards individuals affected by HIV/AIDS.

OUTCOMES:-

1. Participants gained a comprehensive understanding of HIV/AIDS, including modes of transmission, prevention methods, and the importance of early detection.
2. Students were educated on practicing safe sex, emphasizing condom use, regular testing, and the availability of preventive measures like PrEP and PEP.
3. Insights into antiretroviral therapy (ART) and its role in managing HIV effectively were shared, promoting adherence to treatment plans.



Students attended the awareness program on **“COMPREHENSIVE HIV/AIDS PROGRAM”** in seminar hall.

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

ATTENDANCE SHEET

| SL.NO. | NAME OF THE STUDENT | DEPARTMENT | 13/07/2019 |
|--------|---------------------|------------|------------|
| 1. | Roopa R | CS | P |
| 2. | SyedaIqra | CS | P |
| 3. | Sharanabasappa | CS | P |
| 4. | Jyothi | CS | P |
| 5. | Bhavana | CS | P |
| 6. | Priyanka | CS | P |
| 7. | Dandappa | CV | P |
| 8. | Mahadev | CV | P |
| 9. | Adil | CV | P |
| 10. | Jaishankar | CV | A |
| 11. | Karthikesh | CV | P |
| 12. | Rahul | CV | P |
| 13. | Siddharth | CV | P |
| 14. | Sonu Varma | CV | P |
| 15. | Altamash | EEE | P |
| 16. | Jalil | EEE | P |
| 17. | Md Faisal Khan | EEE | P |
| 18. | Praveen Kumar | EEE | P |
| 19. | Abhishek | EEE | P |

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| | | | |
|-----|------------|-----|---|
| 20. | Dhanashree | EEE | P |
| 21. | Hanumesh | EC | P |
| 22. | Megha | EC | P |
| 23. | Nikita | EC | A |
| 24. | Ashok | EC | P |
| 25. | Keerti | EC | P |
| 26. | Sachin | ME | P |
| 27. | Siddharth | ME | P |
| 28. | Arun | ME | P |
| 29. | Baliram | ME | P |
| 30. | Syed Aslam | ME | P |

Forward
NSS Coordinator

Aug 13/19
PRINCIPAL

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Date:- 30/04/2019

-: NOTICE:-

All the Students are here by informed to attend the Awareness Program on “INITIATIVE TO RAISE CANCER AWARENESS” which is scheduled on 2/05/2019 at 11:00 AM organized by NSS Committee.

Venue : Seminar Hall

Copy To,

1. Principal
2. All the HOD's

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

| SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI | |
|---|---|
| Date of Activity : 2/05/2019 | Time Slot : 11:00 AM to 1:00 PM |
| Activity Name : | Awareness Program "Initiative to Raise Cancer Awareness" |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Channamallikarjun |
| Total Number of Students Attended : 36 | |

OBJECTIVES:-

1. Educate about Cancer Types.
2. Raise Awareness of Prevention Strategies.
3. Support Cancer Patients and Survivors.
4. Advocate for Access to Healthcare.

ACTIVITY REPORT:-

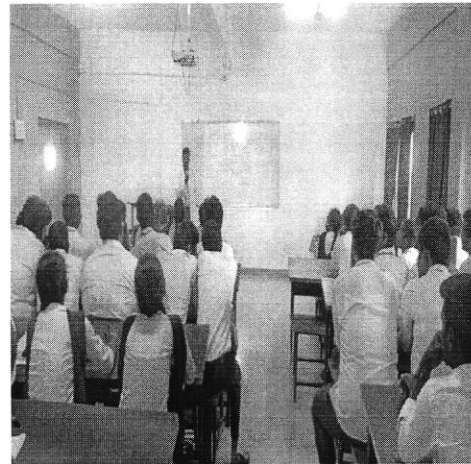
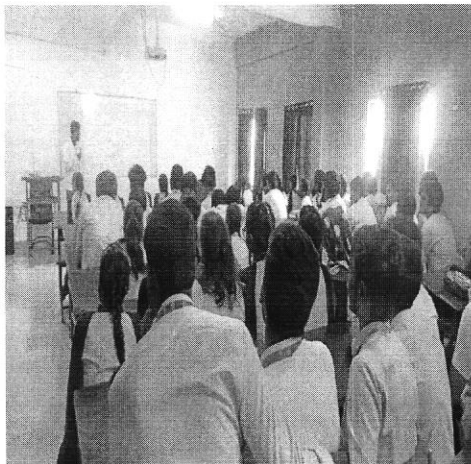
On the 2nd of May, 2019, the Shetty Institute of Technology in Kalaburagi hosted an awareness program titled "Initiative to Raise Cancer Awareness." Organized by the NSS Committee, the program was held from 11:00 AM to 1:00 PM and featured Dr. Channamallikarjun as the guest speaker. The program aimed to educate students about cancer, including its various types, early detection methods, and preventive measures. A total of 35 students attended the session, benefiting from Dr. Channamallikarjun's expertise and engaging presentation. The interactive session provided valuable insights into the importance of regular screenings and healthy lifestyle choices to reduce cancer risks. The program was well-received and significantly enhanced the

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participants' understanding of cancer and its prevention, emphasizing the crucial role of awareness and proactive health measures.

OUTCOMES:-

1. Anticipated a sustained impact on participants' attitudes and behaviors towards cancer prevention and awareness.
2. Participants gained comprehensive knowledge about different types of cancers, their symptoms, risk factors, and early detection methods.
3. Increased awareness among participants regarding the importance of regular cancer screenings and early diagnosis for improved treatment outcomes.



Student attended awareness program on **“INITIATIVE TO RAISE CANCER AWARENESS”** in seminar hall.


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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

ATTENDANCE SHEET

| SL.NO. | NAME OF THE STUDENT | DEPARTMENT | 2/05/2019 |
|--------|---------------------|------------|-----------|
| 1. | Bhavana | CS | P |
| 2. | Priyanka | CS | P |
| 3. | Shreya | CS | P |
| 4. | Abdul Jabbar | CS | P |
| 5. | C.Mamata | CS | P |
| 6. | Rakesh | CS | P |
| 7. | Apoorva | CS | P |
| 8. | Gangu | CS | P |
| 9. | Laxmi | CS | P |
| 10. | Priyanka | CS | P |
| 11. | Santosh.D | ME | P |
| 12. | Sharankumar | ME | P |
| 13. | Bhaganna | ME | P |
| 14. | Karan | ME | P |
| 15. | Karthik | ME | P |
| 16. | Mahadev | ME | P |
| 17. | Rizwan | ME | P |
| 18. | Sonu Varma | CV | P |
| 19. | Abhijit | CV | P |
| 20. | Abhishek | CV | P |
| 21. | Aishwarya B | CV | P |
| 22. | Ambrish | CV | P |
| 23. | Anita Kembhavi | CV | P |

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| | | | |
|-----|---------------|-----|---|
| 24. | Mahadev S.M | CV | A |
| 25. | Nazra Raiya | CV | P |
| 26. | Nikita A.G | CV | P |
| 27. | Ashok | ECE | P |
| 28. | Keerti | ECE | P |
| 29. | Manjula | ECE | A |
| 30. | Neha | ECE | P |
| 31. | Shivanand | ECE | P |
| 32. | Anil | EEE | P |
| 33. | Rahul | EEE | P |
| 34. | Mallikarjun.s | EEE | P |
| 35. | Shivakumar | EEE | P |
| 36. | Nivedita | EEE | P |

Korwar

NSS Coordinator

August 21/19

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Shetty

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Date: 18/04/2019

-: NOTICE:-

All the Students are here by informed to attend the Awareness Program on “**MENTAL HEALTH AWARENESS SESSION**” which is scheduled on **20/04/2019** at **10:30 AM** organized by NSS Committee.

Venue : Seminar Hall

Copy To,

1. Principal
2. All the HOD's

Handwritten signature and date
18/4/19
PRINCIPAL

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| Shetty Institute of Technology, Kalaburagi | |
|--|---|
| Date of Activity : 20/04/2019 | Time Slot : 10:30 AM to 12:30 PM |
| Activity Name:- Awareness Program on “ MENTAL HEALTH AWARENESS SESSION ” | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Brahakumaris |
| Total Number of Students Attended : 37 | (Shivaleela Didi & Vijayalaxmi Didi) |

OBJECTIVES:-

1. Increase awareness about mental health issues, including common conditions and symptoms.
2. Provide strategies and resources to enhance mental well-being and resilience.
3. Educate participants on recognizing signs and symptoms of mental health disorders.
4. Advocate for healthy lifestyle habits that support good mental health, such as exercise, nutrition, and sleep.

ACTIVITY REPORT:-

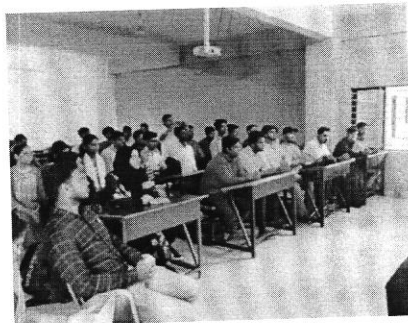
On the 20th of April, 2019, the Shetty Institute of Technology in Kalaburagi hosted a special session organized by the NSS Committee. The program, held from 10:30 AM to 12:30 PM, featured esteemed guests Shivaleela Didi and Vijayalaxmi Didi from the Brahma Kumaris. A total of 37 students participated in this insightful session, which aimed to promote mental well-being and spiritual growth. The speakers shared their profound knowledge and experiences, offering guidance on meditation, stress management, and leading a balanced life. The engaging session provided students with practical tools and techniques to enhance their mental clarity and

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emotional resilience. Overall, the program was well-received and left a lasting impact on the attendees, contributing significantly to their personal and spiritual development.

OUTCOMES

1. Participants gained a deeper understanding of mental health issues, including symptoms and conditions.
2. Attendees learned practical coping strategies for managing stress, anxiety, and other mental health challenges.
3. Encouraged students to adopt healthier behaviors related to mental health, such as seeking help when needed and supporting peers.
4. Attitudes towards mental illness were positively influenced, leading to reduced stigma among students.



Students attended Awareness Program on “**MENTAL HEALTH AWARENESS SESSION**” in seminar hall.

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

ATTENDANCE SHEET

| SL.NO | NAME OF THE STUDENT | DEPARTMENT | 20/04/2019 |
|-------|---------------------|------------|------------|
| 1. | Sachin Chawan | CSE | P |
| 2. | Syeda Iqra | CSE | P |
| 3. | Sharanabasappa | CSE | P |
| 4. | Jyothi | CSE | P |
| 5. | Bhavana | CSE | P |
| 6. | Priyanka | CSE | P |
| 7. | Shreya | CSE | P |
| 8. | Abdul Jabbar | CSE | A |
| 9. | C.Mamata | CSE | P |
| 10. | Rakesh | CSE | P |
| 11. | Santosh | CV | P |
| 12. | Krishna | CV | P |
| 13. | Adil | CV | P |
| 14. | Dharmaraj | CV | P |
| 15. | Kadir Patel | CV | A |
| 16. | Akash | CV | P |
| 17. | Moin Patel | CV | P |
| 18. | Sachin | CV | P |
| 19. | Sagar D R | CV | P |
| 20. | Seema | CV | P |
| 21. | Shruti | CV | P |
| 22. | Shwetha | CV | P |

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| | | | |
|-----|---------------------|-----|---|
| 23. | Shwetha S A | CV | P |
| 24. | Dhanashree | EEE | P |
| 25. | Praveen Guttedar | EEE | P |
| 26. | Ranjithkumar rathod | EEE | P |
| 27. | Ambarish | EEE | P |
| 28. | Badkisetish | EEE | P |
| 29. | Krishnakant | EEE | P |
| 30. | Anita | EC | P |
| 31. | Mayuri | EC | P |
| 32. | Narasimha | ME | A |
| 33. | Ningappa | ME | P |
| 34. | Rahul D | ME | P |
| 35. | Vijaykumar | ME | P |
| 36. | Khan Imran Naseer | ME | P |
| 37. | Md Ashif | ME | P |

Shorwar

NSS Coordinator

Angur
20/4/19

PRINCIPAL

PRINCIPAL

**Shetty Institute of Technology
KALABURAGI**

[Signature]

PRINCIPAL

**Shetty Institute of Technology
KALABURAGI**



SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

Date:-19/09/2018

-: NOTICE:-

All the Students are here by informed to attend the Awareness Program on “**INCREASING DIABETES AWARENESS**” which is scheduled on **22/09/2018** at **10:00 AM** organized by NSS committee.

Venue : Seminar Hall

August
19/9/18
PRINCIPAL

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Copy To,

1. Principal
2. All the HOD's

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|---|---|
| Date of Activity : 22/09/2018 | Time Slot : 10:00 AM to 12:00 PM |
| Activity Name : Awareness Program on "Increasing Diabetes Awareness" | |
| Organizing Committee : NSS Committee | Guest / Resource Person : Dr. Rohini |
| Total Number of Students Attended : 35 | |

OBJECTIVES:-

1. Raise knowledge about diabetes, its types, and its impact on health.
2. Highlight the importance of early diagnosis in preventing severe complications.
3. Promote a supportive environment for those affected by diabetes.
4. Educate about the economic burden of diabetes on individuals, families, and healthcare systems.

ACTIVITY REPORT:-

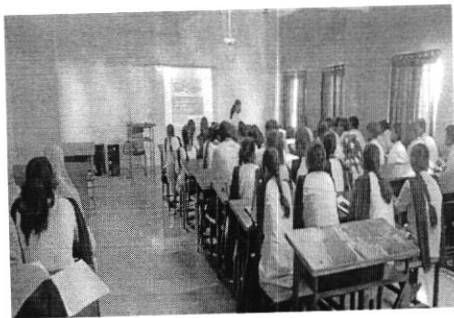
On the 22nd of September 2018, Shetty Institute of Technology in Kalaburagi organized an awareness program focused on "Increasing Diabetes Awareness," under the auspices of the NSS Committee. The program, held from 10:00 AM to 12:00 PM, featured Dr. Rohini as the guest resource person. A total of 35 students participated in the program, which aimed to educate them about diabetes, its causes, symptoms, and preventive measures. Dr. Rohini delivered an informative session, covering essential topics such as the importance of a balanced diet, regular exercise, and monitoring blood sugar levels. The interactive nature of the program allowed students to ask questions and discuss their concerns related to diabetes management. Dr. Rohini's expertise and engaging presentation style effectively conveyed the significance of early detection

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and proactive measures in managing diabetes. The session concluded with students expressing appreciation for the valuable insights gained, highlighting the program's role in enhancing their understanding of diabetes and promoting healthier lifestyles within the campus community.

OUTCOMES:-

1. Raised awareness about the importance of early detection and regular screening for diabetes.
2. Participants learned effective strategies for managing diabetes through medication, diet, and lifestyle changes.
3. Empowered students with knowledge and practical tips to take proactive steps in preventing and managing diabetes.
4. Addressed and dispelled common myths and misconceptions about diabetes, contributing to reduced stigma.



Students attended the awareness program on **“INCREASING DIABETES AWARENESS”** in seminar hall.

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SHETTY INSTITUTE OF TECHNOLOGY, KALABURAGI

ATTENDANCE SHEET

| Sl.No. | NAME OF THE STUDENT | DEPARTMENT | 22/09/2018 |
|--------|---------------------|------------|------------|
| 1. | Nagaveni | CSE | P |
| 2. | Kamakshi | CSE | P |
| 3. | Krishna | CSE | P |
| 4. | Nazeen Banu | CSE | P |
| 5. | Roopa R | CSE | P |
| 6. | Beeranna | CV | P |
| 7. | Rahul | CV | A |
| 8. | Shivaling | CV | P |
| 9. | Dandappa | CV | P |
| 10. | Mahadev | CV | P |
| 11. | Adil | CV | P |
| 12. | Nazra | CV | P |
| 13. | Ravikant Patil | CV | P |
| 14. | Santosh | CV | P |
| 15. | Prashant Rathod | CV | P |
| 16. | Sachin | CV | P |
| 17. | Soumya | CV | P |
| 18. | Md Hussain | CV | P |
| 19. | Altamash | EEE | P |
| 20. | Jalil | EEE | P |
| 21. | Md. Faisal Khan | EEE | P |
| 22. | Praveen Kumar | EEE | P |
| 23. | Abhishek | EEE | P |
| 24. | Hanumesh | EC | P |

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| | | | |
|-----|--------------|----|---|
| 25. | Megha | EC | P |
| 26. | Nikita | EC | P |
| 27. | Rhema | EC | P |
| 28. | Siddhant | EC | P |
| 29. | Sriharsha | EC | P |
| 30. | Mohd Naveed | ME | P |
| 31. | Shankar Goud | ME | P |
| 32. | Santosh Meti | ME | P |
| 33. | Devindra S A | ME | P |
| 34. | Ismail | ME | P |
| 35. | Lingaraj | ME | P |

Kolwad

NSS Coordinator

Angulo
22/9/18

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[Signature]

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